Phoenix House
Services for Children & Adults in California

Phoenix House
Rising Above Addiction

Admissions Call Center:
1 800 378 4435

Phoenix Houses of California, Inc.
11600 Eldridge Ave.
Lake View Terrace, CA
818 686 3000

Los Angeles - Adolescents
Phoenix House Academy of Los Angeles
11600 Eldridge Ave.
Lake View Terrace, CA
818 686 3191

Venice - Men
503 Ocean Front Walk
Venice, CA 90291
310 392 3070

Santa Ana - Adults
1207 East Fruit St.
Santa Ana, CA 92701
714 953 9373

Descanso - Adolescents
Phoenix House Academy of San Diego
23981 Sherilton Valley Rd.
Descanso, CA 91916
619 445 0405

Carlsbad – Adolescents
Teen Recovery Center
785 Grand Ave., Suite 220
Carlsbad, CA 92008
760 729 2830

Phoenix House has a mission, and a tradition spanning more than forty years, of leading individuals, families, and communities from disrupted to productive lives by offering integrated behavioral health services. In California, where the first Phoenix House program opened in 1979, we now serve more than 1,300 adults and children each day, at locations in Los Angeles, Orange, San Diego, Kern and Riverside counties.

Two Phoenix House Academies with on-site schools daily serve about 160 teens at Lake View Terrace (near Sylmar and Pacoima in Los Angeles) and Descanso (San Diego County). Youth outpatient programs assist troubled teens in Carlsbad and Lake View Terrace. Adult residential and outpatient programs offer a helping hand to men in Venice, Los Angeles County, and to men and women, including veterans, in Santa Ana, Orange County. In addition, we provide behavioral health services to youth and adults that are struggling to change their lives in Bakersfield, Blythe, California City, Campo, San Louis Obispo, Soledad, and Vacaville.

At Phoenix House Academies, therapists and teachers work together to help youth succeed at school and address individual behavioral difficulties. The Academies have received the designation of “evidence-based practice” by the U.S. Department of Health and Human Services’ National Registry of Evidence-Based Programs and Practices (NREPP, 2008). They are accredited by the California Alliance of Child and Family Services. All Phoenix House community-based services are accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF).

Adult services provide group counseling, academic and vocational services, mental health services, and recovery management. Drawing on research-proven practices, we address life-skills training, Post-Traumatic Stress Disorder, anger management, co-occurring disorders, and family re-integration. Outpatient and Intensive Outpatient Services offer individual, group, and family counseling and recovery maintenance at our facilities in Santa Ana and Venice.

In addition to our own programs, we collaborate with partners in the community to offer educational classes, medical services, mentoring, fitness classes, creative writing, theater and music workshops, and more. Our programs are organized into four separate divisions, each incorporated as a non-profit with a distinct tax ID number: Phoenix Houses of California, Phoenix Houses of Los Angeles, Phoenix House Orange County and Phoenix House San Diego.

For More Information:
www.phoenixhouse.org

1 800 DRUG HELP
1 800 378 4435

rev. 5/2014
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<tr>
<th>Phoenix House Teen Recovery Center – Carlsbad</th>
<th>Teen Recovery Center (TRC) in Carlsbad on the North Coast of San Diego County offers comprehensive substance abuse, mental health outpatient and intensive outpatient treatment services to adolescents ages 12 to 17. Services include: individual and group counseling; anger management; family counseling; 12-step programs, clean and sober recreational activities; educational and vocational referrals; and linkages to community partners.</th>
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<tr>
<td>Phoenix House Academy of Los Angeles – Outpatient</td>
<td>Phoenix House Academy's Outpatient Program in the East San Fernando Valley offers outpatient treatment to teens ages 13-18 who struggle with substance-use-related disorders. Services include individual and group counseling; mental health counseling; case management; educational workshops; family services; and sober recreational opportunities. Evidence-based substance abuse and mental health treatment techniques are used to address such issues as trauma, depression, anger management, and behavioral disorders.</td>
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<td>Phoenix House Academy of Los Angeles</td>
<td>Established in 1994, Phoenix House Academy of Los Angeles is an evidence-based residential treatment program for 110 youths ages 13-18 with co-occurring substance abuse and mental health disorders. Residents attend a fully-accredited on-site high school while receiving comprehensive treatment services, including: individual and group counseling (mental health, substance abuse, trauma, and anger management); family therapy; art and music therapy; cultural and recreational activities; and a broad range of life skills training (career development, job placement, health care, and legal services).</td>
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<td>OC Behavioral Health Intervention and Support Services</td>
<td>In 2013, Phoenix House has initiated effective behavioral health prevention services for children and adolescents in over 30 elementary, middle and high schools in Orange County. Services include classroom instruction, educational sessions for teachers, parents and families, and screening with referrals for substance abuse treatment.</td>
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<td>Phoenix House Wraparound Services in Orange County</td>
<td>Since 2011, Phoenix House Orange County has been offering intensive Wraparound Services to high risk children, youths and families in the County. This program is designed to improve behavioral and educational outcomes, child and family functioning, as well as prevent institutional placement of children. The program accepts referrals from designated social service agencies.</td>
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<td>Phoenix House Academy of San Diego</td>
<td>Founded in 1987 and located in the mountains east of San Diego, Phoenix House Academy provides residential substance abuse/mental health treatment to up to 40 teens aged 13-18. The campus is set amidst oak groves, horse ranches, and hills teeming with wildlife. Residents attend a fully-accredited high school while receiving individual, group, and family therapy. They also engage in cultural and recreational activities, and benefit from a broad range of support services and referrals to community partners (such as health care, career development and job placement).</td>
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For more information or to refer someone to Phoenix House, call 1 800 DRUG HELP (1 800 378 4435), or visit our offices.
Phoenix House Academy
Adolescent Residential Services

Phoenix House Academy of San Diego, located in beautiful Descanso, CA, offers a strength-based treatment continuum for teens (12-17) with substance abuse and co-occurring mental health problems. Since 1987, the Academy has been one of the most successful programs for integrated youth and family treatment in San Diego County. Innovation has been the hallmark of our success as we focus on the ever-changing needs of the youth and families we serve. We have responded to these needs by offering a range of services based on a comprehensive assessment of risks and protective factors in each teen's life, their family and the community in which they live. We emphasize prevention—through peer counseling and outreach to local schools and community organizations—and comprehensive continuing care.

The program integrates teens into a drug-free environment and provides intensive substance abuse and mental health treatment. Our structured regimen and modified therapeutic community model meet the needs of adolescents with a primary substance use disorder and those with mental health disorders through assessment, case management, individual and group counseling, education, recreation, and intensive family services. Case reviews determine treatment duration; movement through the program may be accelerated based on an individual’s progress.

The San Diego County Office of Education maintains a fully accredited high school on site with special education services and academic tutoring. Our aim is to meet our clients’ education deficit, so they are prepared to graduate, work toward their GED, or return to their local school following treatment.

Our residential substance abuse treatment program for adolescents is fully accredited by the California Department of Alcohol and Drug Programs, the California Alliance of Child and Family Services, and CARF – the Commission on Accreditation of Rehabilitation Facilities. Our treatment model is listed in the National Registry of Evidence-Based Programs and Practices (NREPP) by the U.S. Substance Abuse and Mental Health Services Administration (SAMHSA). It is also recognized as a model program by the U.S. Office of Juvenile Justice and Delinquency Prevention (OJJDP).

Phoenix House Academy is funded in part by the County of San Diego, Health and Human Services Department, Alcohol and Drug Services.

www.phoenixhouse.org
Phoenix House San Diego
Adolescent Outpatient & Intensive Outpatient Services

Phoenix House San Diego’s Teen Recovery Center provides an early intervention for vulnerable teens, 12-17 years old, and their families who require assessment and treatment for substance abuse disorders and mental health conditions. Our outpatient treatment programs are tailored to each teen’s needs. The Center provides comprehensive assessments and treatment planning; case management; individual, group and family counseling; chemical dependency and life-skills education; drug testing; and referrals to other support services in the community. The program incorporates evidence-based cognitive-behavioral practices, enhanced family and mental health services, and the tools and concepts of the self-help recovery philosophy.

The use of alcohol and/or drugs among teens frequently reflects a wide range of situational and developmental problems; acquiring of coping skills is essential to re-establish a stable and healthy lifestyle. Teaching adolescent substance abusers how to regain control of their lives by addressing behavioral, emotional, familial, social and educational issues is the essence of the Phoenix House approach. The goal of the Teen Recovery Center is to help struggling teens reach a place where they are willing to explore change so they may live productive, drug-free lives. Phoenix House focuses on helping teens and their families move from lives of continual crisis to problem-solving and conflict resolution. Specific treatment goals for each teen and their family include:

- Assessment and stabilization of emotional and behavioral symptoms;
- Abstinence from all non-prescribed substances;
- Enhanced family communication and problem-solving;
- Improved relationships with peers, parents, teachers, and other adults;
- Participation in appropriate support groups and individual/family therapy;
- Successful program completion; and
- Development of a continuing care plan.

Phoenix House San Diego’s outpatient treatment services for adolescents are fully accredited by the California Department of Alcohol and Drug Programs; the California Alliance of Child and Family Services; and the Commission on Accreditation of Rehabilitation Facilities (CARF). The TRC is funded in part by the County of San Diego, Health and Human Services Department, Alcohol and Drug Services.

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