



Phoenix Academy, Los Angeles

Outpatient & Intensive Outpatient Services for Youth

We are passionate about healing individuals, families and communities challenged by substance use disorder and related mental health conditions.



Phoenix Academy of Los Angeles
11600 Eldridge Ave.
Lake View Terrace, CA
818 686 3000

Admissions
1 800 DRUG HELP
1 800 378 4435

Whom We Serve

- 13-20 years of age
- History of drug and alcohol abuse
- History of mental health and co-occurring disorders

Payment for Services

- Most health insurance plans accepted



www.phoenixhouse.org

Phoenix House Academy's Outpatient Programs provide after-school substance abuse and mental health treatment services for adolescents and their families. The agency offers individual and group counseling, educational workshops, and family therapy delivered by experienced mental health and substance abuse professionals. Programs include Intensive Outpatient and Regular Outpatient Treatment as described below.

Intensive Outpatient Treatment: serves as step down from Residential Treatment, a step up from Outpatient Treatment, and an initial option for clients who meet admission criteria with no previous treatment history. Intensive Outpatient group sessions meet three times a week, for three hours at a time.

Regular Outpatient Treatment: consists of up to six hours of treatment weekly, with the number of sessions determined by the individual's needs and progress towards his or her goals. These sessions serve those who may just be starting to experiment with substances and those who have successfully completed more intensive treatment.

Treatment Philosophy: Our treatment team uses evidence-based cognitive-behavioral practices, enhanced family services, and the tools and concepts of the self-help recovery philosophy to support clients. Individual, group, and family counseling is delivered by caring, experienced professionals that treat the whole person – and their families.

Accreditation: The program is certified by the California Department of Health Care Services, Drug Medi-Cal certified, and accredited by the Commission on Accreditation of Rehabilitation Facilities. Support for services is provided by the County of Los Angeles – Department of Public Health, Substance Abuse Prevention and Control, Department of Mental Health, and other public and private funders.

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For more information call: 1 800 DRUG HELP | 1 800 378 4435