



Phoenix House
Rising Above Addiction

Reclaim

disordered lives,

Encourage

individual responsibility,
positive behavior, and
personal growth,

Strengthen

families and communities.

For More Information

1 800 DRUG HELP
(1 800 378 4435)
texas@phoenixhouse.org

Outpatient Locations

2345 Reagan Street
Dallas, TX 75219

400 W Live Oak St
Austin, TX 78704

3000 South IH-35
Suite 315
Austin, TX 78704

501 Garden Oaks
Houston, TX 77018



www.phoenixhouse.org

Outpatient



At the Phoenix House Outpatient program, we deliver individualized care for adolescents and adults struggling with substance use and/or co-occurring mental health problems. We help our clients build the skills needed to modify high-risk behaviors and succeed during and after treatment. Staff members promote a sense of personal responsibility and accountability, conveying empathy and support to help each person recognize his or her own unique capabilities and potential.

Our goal is to help each individual maintain lasting recovery and become a productive member of society.

We introduce our clients to practical 12 step modalities that they can use in the real world. We stress the importance of continued involvement in 12-Step support groups as a part of relapse prevention. We focus on strengthening social and life skills to help each person develop a relapse prevention plan that is personalized and very easy to follow. The family support system is incorporated into relapse prevention.

Adolescent Outpatient Services

- Evaluations and assessments
- Intensive program that includes nine-plus hours per week
- Parent and family education
- Individual, family, and group counseling
- Psycho-educational and life-skills groups
- Drug testing

Adolescent Outpatient Schedule:

Monday, Wednesday, Friday
6p-7p Process Group
7p-8p Recovery Reflections (& Individual Sessions)
8p-9:30p Education Group

Adult Outpatient Services

- Evaluations and assessments
- Intensive program that includes nine plus hours per week
- Individual, family, and group counseling
- Family dynamics, physical effect of drugs, and grief/loss groups
- Life-skills classes
- Self-help groups that promote and maintain recovery
- Clinically managed detoxification
- Mental health services
- Referral and recovery support services
- Alcohol awareness / driving under the influence treatment programs

Adult Outpatient Schedule:

Tuesday, Thursday, Saturday
9:00AM-10:00AM Process Group
10:00AM-11:00AM Recovery Reflections (& Individual Sessions)
11:00AM-12:00PM Education Group