Phoenix House has a mission, and a tradition spanning more than forty years, of leading individuals, families, and communities from disrupted to productive lives by offering integrated behavioral health services. In California, where the first Phoenix House program opened in 1979, we now serve more than 6,000 adults and children per year, at locations in Los Angeles, Orange, Kern, Riverside, and San Louis Obispo counties.

The Phoenix Academy residential treatment program with on-site school daily serves about 30 teens at Lake View Terrace in Los Angeles. Therapists and teachers work together to help youth succeed at school and address individual behavioral difficulties. Teens living at home may attend youth outpatient and intensive outpatient services. Adult residential and outpatient programs offer a helping hand to men in Venice, Los Angeles County, and to men and women, including veterans, in Santa Ana, Orange County. In addition, we provide Behavioral Health Interventions and Support Services in over 30 Orange County schools, reaching more than 18,000 students per year. All Phoenix House community-based services are accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF).

Adult services provide group counseling, academic and vocational services, mental health services, and recovery management. Drawing on research-proven practices, we address co-occurring disorders, life-skills training, anger management, and family re-integration. Outpatient and Intensive Outpatient Services offer individual, group, and family counseling and recovery maintenance at our facilities in Santa Ana and Venice. In-custody treatment programs for adults and teens help our clients succeed on their road to recovery.

In addition to our own programs, we collaborate with partners in the community to offer educational classes, medical services, mentoring, fitness classes, creative writing, theater and music workshops, and more. Our programs are organized into three separate divisions, each incorporated as a non-profit with a distinct tax ID number: Phoenix Houses of California, Phoenix Houses of Los Angeles, and Phoenix House Orange County.

www.phoenixhouse.org
Located on a spacious campus in the northeast San Fernando Valley near the San Gabriel Mountains, Phoenix House Academy of Los Angeles provides a strength-based, trauma-informed treatment continuum for teens with substance abuse and mental health disorders. Our program offers residential and outpatient options, high school education (in collaboration with the Los Angeles County Office of Education), and intensive family and support services. Since opening its doors in 1994, Phoenix House Academy has distinguished itself as one of the most successful programs for the integrated treatment of youth with co-occurring disorders in Los Angeles County.

We respond to the intense needs of the youth and families by offering a range of counseling, treatment, educational and wellness services based on a comprehensive assessment of risks and protective factors in the lives of teens, their families, and the communities where they live. The program has capacity to treat 80 boys and 40 girls; the treatment duration is flexible and depends on the needs of the client. The following services are available:

- Mental health services
- Diagnosis and assessment
- Treatment planning
- Case management
- Individual and group counseling
- Intensive family services
- Education at an accredited high school
- Health and wellness services

The Academy features two-person bedrooms, a music room with a fully equipped recording studio, outdoor patios, gardens, and sports facilities, including a weight room and a soccer field. The program is licensed by the California Department of Health Care Services. It is also Drug Medi-Cal certified for residential, outpatient and intensive outpatient treatment, as well as accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF) for services for adolescents with co-occurring disorders.

Support for services is provided by the County of Los Angeles – Department of Public Health, Substance Abuse Prevention and Control, Department of Mental Health, and other public and private funders.

For more information call:
1 800 378 4435
Phoenix House Academy
Adolescent Outpatient & Intensive Outpatient Services

Phoenix House Academy’s Outpatient Programs provide after-school substance abuse and mental health treatment services for adolescents and their families. The agency offers individual and group counseling, educational workshops, and family therapy. Intensive Outpatient Program (IOP) serves as step down from Residential Treatment, a step up from Outpatient Treatment, and an initial option for clients who meet admission criteria with no previous treatment history. Regular Outpatient Program features six hours of treatment weekly, while Intensive Outpatient Program includes a minimum of nine hours of treatment and enrichment activities per week.

**Program Components:** The program includes evidence-based cognitive-behavioral practices, enhanced family services, and the tools and concepts of the self-help recovery philosophy. The curriculum follows the *Matrix Model Intensive Outpatient Alcohol and Drug Treatment Program for Teens and Young Adults* and the *Strengthening Families Program*. Individual, group, and family counseling is delivered by experienced mental health and substance abuse professionals.

**Treatment Planning and Case Management:** A comprehensive assessment is completed within the first week of admission. Clear, reasonable, and objective treatment goals are set with the teen according to the diagnosis and severity of problems. The frequency and duration of outpatient visits are based on the individual’s progress toward his or her goals. Treatment plans include referrals to appropriate professional and community resources.

**Accreditation:** The program is certified by the California Department of Health Care Services, Drug Medi-Cal certified, and accredited by the Commission on Accreditation of Rehabilitation Facilities.

Support for services is provided by the County of Los Angeles – Department of Public Health, Substance Abuse Prevention and Control, Department of Mental Health, and other public and private funders.

**Admissions**
1 800 378 4435 or
1 818 686 3100

**Client Population**
- 13-20 years of age
- History of drug & alcohol abuse
- Emotional or behavioral disorders

**Payment for Services**
- Most health insurance plans accepted
- Government assistance offered to those who qualify (Drug Medi-Cal)

www.phoenixhouse.org
For more information:
1 800 378 4435
rev. 5/2017
Phoenix Houses of Los Angeles has provided Wraparound Services since 2015. The program uses Ten Wraparound Principles to engage at-risk youth and their families in individualized community-based services geared toward reducing the likelihood of residential placement. If youth have been placed away from their caregivers, services focus on supporting them and working toward placement in less-restrictive environments, including transition back to their homes.

All client and families are referred to the Wraparound Services through the Department of Children and Family Services. Services are available to children and youth age one month to 18(+) years, with a history of emotional or behavioral difficulties and a risk of residential placement or placement in a more restrictive level of care. Services are offered by teams consisting of Family Facilitators, Clinicians, Parent Partners, and Youth and Family Specialists, working under clinical supervision of mental health and wraparound supervisors.

Wraparound is unique in that the family is the client and all family members’ strengths and capabilities are integrated into services. All services are strength-based and driven by needs identified by the family, for the family. This “whatever it takes” style of services facilitates a collaborative partnership between families, formal supports, the community, and natural supports. “Natural supports” (e.g. friends, neighbors, church members, coaches, and teachers) ensure that family successes, stabilization and further growth continues long after the completion of OC Wraparound services.

The services are based on the Plan of Care (POC), a living document that evolves as the family progresses through the Four Phases of Wraparound (Engagement, Planning, Implementation, and Transition). Program staff meet with each family weekly and with the entire Family Team at least once per month. Common outcomes include: avoidance of institutional placement, decreased reliance on formal supports, improved family communication, increased school success and attendance, decreased harmful behaviors, increased self-reliance and self-worth among family members.

www.phoenixhouse.org
Phoenix House Los Angeles
Adult Residential and Outpatient Services

At its beautiful beach-front facility in Venice, California, Phoenix House of Los Angeles offers a broad spectrum of residential and outpatient services to assist clients in their efforts to break the cycle of substance abuse. Clients receive assessments to create an individualized treatment plan and benefit from evidence-based services addressing all their needs. Working with clients to help them gain control of their lives by developing emotional, cognitive, social, behavioral, and educational skills in a highly structured environment is the essence of the Phoenix House approach.

Some of the services include:

- Individual treatment plans based on extensive screenings and assessments
- Residential treatment program of flexible duration, with semi-private 2-3-person rooms, shared restrooms, and views of the beach
- Three nutritious meals per day and healthy snacks
- Individual and group therapy targeting substance abuse issues, relapse issues, anger management, relationships and more
- Mental health services by professional therapists including individual sessions, trauma group counseling, and cognitive-behavioral therapy
- Health maintenance with classes and referrals to community clinics
- Physical fitness classes with beach volleyball, outdoor sports, and yoga
- Vocational counseling, job readiness and assistance with job placement
- Independent living and life skills development
- Assistance with placement in permanent rental housing after completion
- Recovery support, 12-step groups, and alumni activities

Phoenix House's Venice program has enjoyed strong community support since its foundation more than 25 years ago. All of Phoenix House's residential and outpatient substance abuse treatment programs are licensed and/or certified by the California Department of Health Care Services and fully accredited by the Commission on Accreditation of Rehabilitation Facilities, CARF. Financial support for services is provided by the County of Los Angeles – Department of Public Health, Substance Abuse Prevention and Control, and other funders.

www.phoenixhouse.org

For more information call:
1 818 686 3100

Phoenix House
Rising Above Addiction

Reclaim
disordered lives

Encourage
Individual responsibility, positive behavior, and personal growth

Strengthen
families and communities
Since opening its doors in 1979, Phoenix House Orange County has helped save lives, reunite families, and strengthen communities. Located in a historic, Mission-style building on park-like grounds, Phoenix House provides a broad spectrum of residential and outpatient services to help clients break the cycle of substance abuse. Our clients create individualized treatment plans, designed to elevate their strengths and promote personal growth. Phoenix House offers separate, gender-responsive, trauma-informed residential treatment for women and men. Our caring staff provides also outpatient and intensive outpatient services, as well as recovery support.

**Treatment Philosophy**

Phoenix House provides an environment in which change is possible. Our highly-structured treatment approach features state-of-the-art evidence-based curriculum and counseling by experienced and well-trained professional staff. We address the underlying causes of alcohol and drug abuse, including medical, psychological, and social triggers. Family reunification is a crucial step in the recovery process.

**Our Services**

Providing a flexible length of stay, our program includes a demanding regimen of evidence-based therapy groups and individual counseling sessions. We also help residents achieve and sustain recovery through:

- Assessments & treatment planning
- Case management & referrals to services
- Independent living & life skills development
- Vocational & job readiness services
- Housing assistance & sober living programs
- Evidence-based & trauma-informed practices
- Parenting classes
- Literacy improvement
- Anger management
- Physical fitness activities
- Health education
- Dual diagnosis support

The goal for our clients is not only to give up drugs and alcohol, but also to gain the tools to live a sober, productive life. Our residential and outpatient treatment programs for adults are fully accredited by the California Department of Alcohol and Drug Programs and by CARF – the Commission on Accreditation of Rehabilitation Facilities.

[www.phoenixhouse.org](http://www.phoenixhouse.org)
Orange County Recovery Center

Services at the Orange County Recovery Center include practical, social and emotional support, peer mentoring and leadership opportunities, vocational advancement services, sober recreation activities, and assessment and referrals to community-based providers. Services are free to Orange County residents and take place on weekdays from 12 noon to 8 p.m. and on Saturday mornings from 8 a.m. to 4 p.m. We welcome all community members and offer:

- **Recovery Coaching** – Recovery Coaches (staff) help participants identify personal recovery needs, strengths, and obstacles; while developing a “recovery roadmap” and providing ongoing support.

- **Recovery Mentoring** – Recovery Mentors (peers in recovery) volunteer to guide others and offer one-on-one emotional support and problem-solving.

- **Peer Support Groups** – co-facilitated by peer leaders, these groups include a women’s group, a men’s group, a young adult group, a veterans group, an LGBT group, and on-site 12-Step meetings.

- **Recovery Telephone Check-in** – participants may register to receive weekly or monthly telephone check-ins from peers, including text-based conversations.

- **Recovery “Warmline” (714 953 9373 ext. 4833 & 4836)** – free for all clients and managed by the Center’s staff, trained in dealing with emotional distress and problem-solving.

- **Facebook Page and Group** – social media resource for the clients to post comments, pictures, and stay in touch.

- **Social Events and Recreation** – include holiday parties and celebrations, field trips to local attractions and sporting events, monthly sober dances, art classes, chess/dominos tournaments, yoga/meditation, exercise, book club, etc.

- **Education Sessions and Workshops** – staff and guest speakers discuss résumé building, job search assistance, housing assistance, budgeting, health education and referrals, relapse prevention, stress and anger management, spirituality and recovery, physical fitness, and more.

- **Peer Leadership Training** – opportunities for volunteers to foster their leadership skills and deepen their own recovery.

- **Referrals to Additional Services**

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**Phoenix House**  
**Orange County**  
1207 East Fruit St.  
Santa Ana, CA 92701  
714 953 9373  

**Recovery Center Hours**  
Weekdays: 12pm – 8pm  
Saturdays: 8am – 4pm  

**Program Coordinator**  
Darrol Monfils  
714-953-9373 ext. 4813  
DMonfils@phoenixhouse.org  

**Recovery Coach**  
714 953 9373 ext. 4833  
714 953 9373 ext. 4836  

The Orange County Recovery Center is fully funded by the Orange County Health Care Agency  

www.phoenixhouse.org  
**rev. 4/2017**
Phoenix House Orange County (PHOC) has provided Orange County Wraparound Services since 2010. The program uses Ten Wraparound Principles to engage at-risk youth and their families in individualized community-based services geared toward reducing the likelihood of residential placement. If youth have been placed away from their caregivers, services focus on supporting them and working toward placement in less-restrictive environments, including transition back to their homes.

All client and families are referred to PHOC Wraparound through one of three referral sources: Probation Department, Social Services Agency, or the Health Care Agency. The referrals are approved by the Orange County Wraparound Review and Intake Team. Services are available to children and youth age one month to 18(+) years, with a history of emotional or behavioral difficulties and a risk of residential placement or placement in a more restrictive level of care.

Wraparound is unique in that the family is the client and all family members’ strengths and capabilities are integrated into services. All services are strength-based and driven by needs identified by the family, for the family. This “whatever it takes” style of services facilitates a collaborative partnership between families, formal supports, the community, and natural supports. “Natural supports” (e.g. friends, neighbors, church members, coaches, and teachers) ensure that family successes, stabilization and further growth continues long after the completion of OC Wraparound services.

The services are based on the Plan of Care (POC), a living document that evolves as the family progresses through the Four Phases of Wraparound (Engagement, Planning, Implementation, and Transition). Program staff meet with each family weekly and with the entire Family Team at least once per month. Common outcomes include: avoidance of institutional placement, decreased reliance on formal supports, improved family communication, increased school success and attendance, decreased harmful behaviors, increased self-reliance and self-worth among family members.

10 Wraparound Principles
- Family Voice/Family Choice
- Team-Based Services
- Natural Supports
- Collaboration
- Community-Based
- Culturally Competent
- Individualized
- Strength-Based
- Persistence
- Outcome-Based

Client Population
- Children and youth from one month to 18(+) years of age
- A history of emotional or behavioral difficulties
- At-risk of residential placement

Admissions to Other Phoenix House Programs
1 800 378 4435

www.phoenixhouse.org
Phoenix House Orange County
Women’s & Children’s Services

For twenty years, Phoenix House has helped thousands of women reunite with their families, rebuild relationships, and establish healthy, independent lives in California. In Santa Ana, we offer a specialized residential program that responds to the unique needs of women struggling with drug and alcohol abuse and their related problems. Our FOTEP program features gender-responsive, trauma-informed, family-focused treatment, education and vocational training, skill building, and transitional living.

Outreach and aftercare for maintaining recovery are a part of our continuum of care that includes:

- Residential treatment for substance abuse and mental health disorders for women and women with children, in a comfortable facility with a playground and a garden
- Additional services, including education, childcare, parenting classes, employment readiness, and referrals for specialized services
- Outreach and advocacy in the community
- Aftercare support to ensure continuing recovery in the community

Our residential program in Santa Ana is designed to help women prepare for self-sufficient, drug-free lives. We focus on the individual woman’s treatment needs. Our services include case management, individual counseling, evidence-based group counseling, mental health services, trauma services, family therapy, educational and vocational training, and more. Our program empowers women to develop better communication and coping skills, improve parenting skills, resolve trauma issues, and seek work or enroll in educational classes.

In Santa Ana, women participate in treatment while living with their children, and pregnant women find recovery in a nurturing environment with pre-and post-natal support. Phoenix House residential substance abuse treatment program for women is licensed by the California Department of Health Care Services, funded by the California Department of Corrections and Rehabilitation, and fully accredited by CARF – the Commission on Accreditation of Rehabilitation Facilities.
Phoenix House California
Corrections and Rehabilitation Services

Phoenix House has a mission, and a tradition spanning more than forty years of leading individuals, families, and communities from disrupted to productive lives. Since 1996, the agency has operated a range of programs for offenders in California prisons, jails, and other correctional settings, such as reentry services for individuals returning to their communities after incarceration (AB109 Services in Orange and Los Angeles Counties) and trauma-informed, gender-responsive services for women leaving prisons (FOTEP for in Orange County). Phoenix House’s programs help reduce recidivism by preparing inmates for successful return to their communities.

The Reentry Hub programs serve inmates who are within four years of release from prison and want to gain skills to help them succeed after returning home. Intensive cognitive behavioral services address substance abuse and addiction, criminal thinking patterns, anger management, and family relationships. Staff members assist inmates in their transition back to their communities. An individual may attend a combination of simultaneous treatment tracks, such as substance abuse treatment in the mornings, and criminal thinking or anger management on alternate afternoons. Our certified counselors use evidence-based practices: Cognitive-Behavioral Interventions for Substance Abuse (CBI-SA), Thinking for a Change, Motivational Interviewing, and other CBT interventions.

Our Substance Abuse Treatment Programs serve adults incarcerated in Yolo County Jails and the California City Correctional Center, along with adolescents at the Yolo County Juvenile Detention Facility. The primary goals of SUD services are to empower clients to change; provide clients with skills and capabilities to affect change; and support strength-based change in a trauma-informed, client-centered environment, all through individual and group counseling, education sessions based on EBP curricula, case management, pre-employment classes, and reentry/transitional activities.

Phoenix House offers Substance Use Disorder and Mental Health Services to adolescents in three locations, using Motivational Interviewing, Cognitive-Behavioral Therapy and other curriculum appropriate for high risk youth involved with juvenile-justice system. Services include anger management, relapse prevention, drug and alcohol education, and life skills essential for success after detention.

www.phoenixhouse.org

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