



Phoenix House Academy

Adolescent Residential Services

Phoenix House
Rising Above Addiction

Reclaim

disordered lives

Encourage

individual responsibility,
positive behavior, and
personal growth

Strengthen

families and communities

Phoenix House Academy of San Diego

23981 Sherilton Valley Rd.
Descanso, CA 91916
619 445 0405

Admissions

619 445 0405 ext. 4671
avaughan@phoenixhouse.org

Phoenix House Teen Recovery Center – Carlsbad

785 Grand Ave., Suite 220
Carlsbad, CA 92008
760 729 2830

Payment for Services

- Most health insurance plans accepted
- Government assistance offered to those who qualify (with sliding scale for co-payments)

www.phoenixhouse.org



Phoenix House Academy of San Diego, located in beautiful Descanso, CA, offers a strength-based treatment continuum for teens (12-17) with substance abuse and co-occurring mental health problems. Since 1987, the Academy has been one of the most successful programs for integrated youth and family treatment in San Diego County. Innovation has been the hallmark of our success as we focus on the ever-changing needs of the youth and families we serve. We have responded to these needs by offering a range of services based on a comprehensive assessment of risks and protective factors in each teen's life, their family and the community in which they live. We emphasize prevention—through peer counseling and outreach to local schools and community organizations—and comprehensive continuing care.

The program integrates teens into a drug-free environment and provides intensive substance abuse and mental health treatment. Our structured regimen and modified therapeutic community model meet the needs of adolescents with a primary substance use disorder and those with mental health disorders through assessment, case management, individual and group counseling, education, recreation, and intensive family services. Case reviews determine treatment duration; movement through the program may be accelerated based on an individual's progress.

The San Diego County Office of Education maintains a fully accredited high school on site with special education services and academic tutoring. Our aim is to meet our clients' education deficit, so they are prepared to graduate, work toward their GED, or return to their local school following treatment.

Our residential substance abuse treatment program for adolescents is fully accredited by the California Department of Alcohol and Drug Programs, the California Alliance of Child and Family Services, and CARF – the Commission on Accreditation of Rehabilitation Facilities. Our treatment model is listed in the National Registry of Evidence-Based Programs and Practices (NREPP) by the U.S. Substance Abuse and Mental Health Services Administration (SAMHSA). It is also recognized as a model program by the U.S. Office of Juvenile Justice and Delinquency Prevention (OJJDP).

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