



Phoenix House Orange County

Adult Residential & Outpatient Services

Phoenix House
Rising Above Addiction

Reclaim

disordered lives

Encourage

individual responsibility,
positive behavior, and
personal growth

Strengthen

families and communities

Phoenix House Orange County

1207 East Fruit St.
Santa Ana, CA 92701
714 953 9373

Admissions Phone

714 953 9373 ext. 4860

Admissions E-mail

jhunter@phoenixhouse.org

Payment for Services:

- Most health insurance plans accepted
- Government assistance offered to those who qualify (with sliding scale for co-payments)



Since opening its doors in 1979, Phoenix House of Orange County has helped save lives, reunite families, and strengthen communities. Located in a historic, Mission-style building on park-like grounds, Phoenix House offers a broad spectrum of residential and outpatient services to help clients break the cycle of substance abuse. Our clients create individualized treatment plans, designed to elevate their strengths and promote personal growth. The residential treatment program is based on a modified therapeutic community model, enriched by support services.

Treatment Philosophy

Phoenix House provides an environment in which change is possible. Our highly-structured treatment approach insists that participants take responsibility for their own progress, and that of their peers. We address the underlying causes of alcohol and drug abuse, including medical, psychological, and social triggers. Family reunification is a crucial step in the recovery process.

Our Services

Providing a flexible length of stay, our program includes a demanding regimen of evidence-based therapy groups and individual counseling sessions. We also help residents achieve and sustain recovery through:

- Assessments & treatment planning
- Case management & referrals to services
- Independent living & life skills development
- Vocational & job readiness services
- Housing assistance & sober living programs
- Evidence-based & trauma-informed practices
- Parenting classes
- Literacy improvement
- Anger management
- Physical fitness activities
- Health education
- Dual diagnosis support

The goal for our clients is not only to give up drugs and alcohol, but also to gain the tools to live a sober, productive life. Phoenix House's outpatient services are also available for clients who have completed residential treatment and seek continued support. Our residential and outpatient substance abuse treatment programs for adults are fully accredited by the California Department of Alcohol and Drug Programs and by CARF – the Commission on Accreditation of Rehabilitation Facilities (2010-2013).



www.phoenixhouse.org



Phoenix House Orange County

Recovery Maintenance Services

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Phoenix House Orange County

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Program Coordinator

Teresa Yuch
714 953 9373 ext.4820

Recovery Coach

Daniel Espinoza
714 953 9373 ext. 4839

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Phoenix House Recovery Maintenance Services include practical, social and emotional support, peer mentoring and leadership opportunities, vocational advancement activities, sober recreation, and assessment and referrals to community-based providers. The services are free to Orange County residents and take place on PHOC campus on weekdays from 12 noon to 8 pm and on Saturday mornings from 10 am to 2 pm. We welcome all community members and offer:

- **Recovery Coaching** – Recovery Coaches (staff) help participants identify personal recovery needs, strengths, and obstacles; develop a “recovery roadmap;” and provide ongoing support.
- **Recovery Mentoring** – Recovery Mentors (peers in recovery) volunteer to be guides for others and offer one-on-one emotional support and problem-solving.
- **Peer Support Groups** – co-facilitated by peer leaders, these groups include: a group for families; women’s group; men’s group; young adult group; veterans group; LGBT group; and on-site 12-Step meetings.
- **Recovery Telephone Check-in** – participants may register to receive telephone check-ins from peers, including text-based conversations, weekly or monthly.
- **Recovery “Warmline” (714-296-9689)** – free for all clients; staffed by peer volunteers trained in dealing with emotional distress and problem-solving.
- **Social Events, Outings, Recreation** – include holiday parties and celebrations; field trips to local attractions and sporting events; monthly sober dances; art classes, chess/dominos tournaments, yoga/meditation, exercise, book club, etc.
- **Education Sessions and Workshops** – staff and guest speakers discuss resume building, job search assistance, housing assistance, budgeting, health education and referrals, relapse prevention, stress and anger management, spirituality and recovery, cooking and nutrition, physical fitness, and more.
- **Peer Leadership Training** – opportunities for volunteers to foster their leadership skills and deepen their own recovery.
- **Referrals to Additional Services**